



Penn Station Athlete of the Month – November 2020

Presentation Date: Friday, October 23, 2020 at 3:15 PM

Student(s): Lauren Carothers

GPA: 4.3

School:

Notre Dame Academy
1091 Emerson Rd
Park Hills, KY 41011

Athletic Director: Myanna Webster

Parents: Matt & Pam Carothers

Sibling(s): Lindsey, Andrea

Favorite Penn Station Restaurant: Ft. Wright and/or Clifton

Favorite Penn Station Sandwich: Turkey Avocado

Sport(s): Soccer, Track, Swimming

Extracurricular Activities: Student Council, National Honor Society, National French Honor Society, Mu Alpha Theta, Drug Free Club

Favorite Book: *The Great Gatsby* – F. Scott Fitzgerald

Role Models: My Grandpa, Jerry

Sports Hero: Brandi Chastain

Greatest Achievement So Far: Being a 4-year Varsity starter and captain 2-years for one of the strongest soccer programs around.

Plans After High School: I plan to pursue a degree in Engineering or Business while continuing to play soccer at the collegiate level. I am still deciding which school I will be attending.

How has participating in high school athletics benefited you? It has helped me develop and maintain time management skills, become more confident, learn to be a team player and leader. Soccer has given me some of my closest friendships.

What made you decide to play the sport for which you were named the Penn Station Athlete of the Month? Soccer is a very competitive sport and I love to compete. It is also a great stress reliever.



Quote from Coach: “Lauren has been an incredible player and leader for Notre Dame Academy (NDA) for the last four years. Her work ethic has made her and all of her teammates better, and her production on the field helps make us successful. Lauren’s desire to win is unmatched.” – David Gronotte

Quote from Principal: “Lauren is a very hard worker on the field and in the classroom. She shows up each day ready to learn and with a great attitude.” – Jack Vonhandorf