



Penn Station Athlete of the Month – November 2018

**Presentation Date:** Tuesday, October 30<sup>th</sup> at 11:45am

**Student(s):** Alyssa Overbeck

**GPA:** 4.393

**School:**

Mercy-McAuley High School  
6000 Oakwood Avenue  
Cincinnati, OH 45224

**Athletic Director:** Denise Harvey

**Parents:** Fred and Brenda Overbeck

**Sibling(s):** Emily, Megan

**Favorite Penn Station Restaurant:** Harrison Avenue - Dent, OH

**Favorite Penn Station Sandwich:** Philly Cheesesteak

**Sport(s):** Varsity Volleyball

**Extracurricular Activities:** Volleyball, National Honor Society, Spirit Committee, Women-In-Medicine, Student Recruiting Committee

**Favorite Book:** Extremely Loud and Incredibly Close

**Role Models:** My cousin, Stephanie (Vonherr) Elwell, former XU volleyball player

**Sports Hero:** Kerri Walsh Jennings

**Greatest Achievement So Far:** Two years ago, my Tri- State Elite Volleyball Club team placed 5<sup>th</sup> in Open at AAU Nationals in Orlando, Florida.

**Plans After High School:** After high school, I will be attending Xavier University to further my academic and volleyball careers.

**How has participating in high school athletics benefited you?** Through high school athletics, I have been exposed to many tough situations that have taught me life lessons and how to step up in challenging times. I have also been able to work with some of the best coaches and trainers in the area. Ultimately, I have made the best memories, and met so many of my best friends and mentors. Also, being a captain has helped me develop leadership skills on and off the court.

**What made you decide to play the sport for which you were named the Penn Station Athlete of the Month?** I decided to play volleyball because I have always been very passionate about the sport, and I grew up watching my cousin play. I knew that I wanted to be just like her



one day. I had gone to volleyball clinics since grade school, and I immediately fell in love with the game and the atmosphere that comes with it.

**Quote from Athletic Director:** "Alyssa's volleyball talent is very impressive. She sees the court very well and has the ability to make big plays and motivate her team. She is a team player and a captain, who leads by example and with heart and hustle." -Denise Harvey, Athletic Director