



Penn Station Athlete of the Month – March 2019

**Presentation Date:** Wednesday, February 20, 2019 at 2:20pm

**Student(s):** Noah Young

**GPA:** 4.35

**School:**

Kings High School  
5500 Columbia Road  
Kings Mills, OH 45034

**Athletic Director:** Tyler Miller

**Parents:** Ed & Kathy Young

**Sibling(s):** Jake

**Favorite Penn Station Restaurant:** Maineville

**Favorite Penn Station Sandwich:** Grilled Italian without Provolone or Mayo

**Sport(s):** Swimming

**Extracurricular Activities:** National Honor Society, College Credit Plus, Coloring for a Cause (self-founded charity), Collecting 5000+ coloring books since 2015

**Favorite Book:** *The Stand* by Stephen King

**Role Models:** All of the coaches at both Kings and the Mason Manta Rays for constant support and positivity.

**Sports Hero:** Ryan Murphy

**Greatest Achievement So Far:** Earning two Olympic Trial qualifying times in the 100 and 200 backstroke events; currently placing me in the Top 3 in the world for 18 & Under in both events for 2019.

**Plans After High School:** After high school, I will be swimming at Florida State University. My major is currently undecided.

**How has participating in high school athletics benefited you?** I've gotten the experience to compete against all kinds of people, form lifelong relationships with coaches and teammates, and best of all, get to represent Kings High School! Go Knights!

**What made you decide to play the sport for which you were named the Penn Station Athlete of the Month?** I started because I was bad at everything else. I stayed with swimming, because it is such a rewarding sport and I constantly am making new friends to support.



**Quote from Athletic Director:** "I am thrilled that Noah has received this award! He is very deserving of this, not only for his accomplishments in the pool but for what he does for the community and in the classroom. Noah is a fantastic swimmer and better person. Congratulations, Noah!" – Tyler Miller

**Quote from Principal:** "We are all excited about Noah's athletic accomplishments. I am mostly inspired though by who Noah is as a person. He has organized a fundraiser for Dayton Children's Hospital for two years just because it's the right thing to do. He is a great athlete and even better person!" – Doug Leist