



Penn Station Athlete of the Month – March 2017

Presentation Date: Tuesday, February 21st, 2017 at 11am

Student: Megan Sichterman

Sport(s): Swimming

GPA: 4.556

School:

Kings High School
5500 Columbia Rd
Kings Mill, OH 45034

Athletic Director: Tyler Miller

Parents: Mark and Judy

Sibling (s): Lauren, Claire, Matt, Dan

Favorite Penn Station Restaurant: Maineville

Favorite Penn Station Sandwich: Grilled Club and Chicken Teriyaki

Extracurricular Activities: National Honors Society, Community Service Club, Fellowship of Christian Athletes

Favorite Book: Me Before You

Role Model: My Parents

Sports Role Model: Maya DiRado

Greatest Achievement So Far: Receiving an NCAA Division I college scholarship

Plans After High School: I will attend the University of Tennessee on a swimming scholarship. I plan to study chemical engineering or food science.

How has participating in high school athletics benefited you? I love swimming for Kings because I get to compete with my classmates, and we have a strong team bond. I've been able to develop my leadership skills by being the team captain for two seasons.

What made you decide to play the sport for which you were named the Penn Station Athlete of the Month? All of my siblings and I were exposed to competitive swimming at a young age. When I moved to Ohio in 7th grade, I was introduced to Countryside YMCA and great coaches who developed my talent and found friends who made things fun!



Quote from Coach: "Megan is an exemplary role model and student-athlete due to the fact that she strives for academic achievement with the same enthusiasm and expectation as her swimming achievement." – Sam Mizener

Quote from Principal: "Megan has never been seen without a smile on her face—unless she is competing. She is the epitome of a student athlete." – Doug Leist

Athletic Accomplishments:

- Committed to the University of Tennessee on full swimming scholarship
- Ohio State Champion and Runner-up in 100 Butterfly
- 2015 and 2016 National Champion in 100 M Fly
- 2014, 2015, and 2016 District Champion in 100 Fly
- ECC Swimmer of the Year 2015, 2016
- High School All-American 2014, 2015, 2016
- NISCA All American Time Standards 100 Fly 2014, 2015, 2016
- Scholastic Accomplishments: USA Swimming Scholastic All-American 2014, 2015, 2016
- Greater Cincinnati Women's Sports Association Award Recipient 2015
- Straight A Award 2014, 2015, 2016