



Penn Station Athlete of the Month – February 2017

Presentation Date: Thursday, February 2nd from 1:10 pm- 1:30 pm

Student(s): Adrian Ell

Sport(s): Volleyball

GPA: 3.7

School:

McNicholas High School
6536 Beechmont Ave
Cincinnati, OH 45230

Athletic Director: Rob Heise

Parent (s): Robert Ell and Angel Miller-Ell

Sibling (s): Ethan Ell

Favorite Penn Station Restaurant: Anderson and Eastgate

Favorite Penn Station Sandwich: Club

Extracurricular Activities: Volleyball, Riding Horses, Homecoming Queen, Office Aid, and a Volunteer at Cincinnati Therapeutic Riding and Horsemanship

Favorite Book: Flawed by: Cecelia Ahern

Role Model: My mom

Sports Hero: Max Holt

Greatest Achievement So Far: Coming back from cancer and helping my club team win a National Championship.

Plans After High School: I plan on attending Florida State University to play volleyball and study sports management.

How has participating in high school athletics benefited you? Sports have helped me become a better leader and learn how to get a group to work for a common goal. They have also taught me how to work hard to achieve something and have self-discipline while doing it.

What made you decide to play the sport for which you were named the Penn Station Athlete of the Month? Volleyball is our family sport and I grew up around it. My mom coaches volleyball and helped me grow my love for the game. Max Holt is my biggest role model, and I have always wanted to be just like him.



Quote from Coach: "Adrian is an unbelievable player, leader and student of the game. She has the ability to adapt and change and do whatever is necessary to make her team successful. She is always working to be better and has such a love for the game. It will be exciting to see where her hard work takes her." –Coach Amanda Roe

Quote from Principal: "Adrian has proven to be dedicated to her efforts to be the best athlete she can be. I admire her character on and off the court. I wish her success at Florida State."
-Patricia A. Beckert, Principal