



Penn Station Athlete of the Month –

Student: Brian Adams

GPA: 2.9

School: Sacred Heart-Griffin High School

Athletic Director: Ken Leonard

Parents: Cynthia Wilson & Brian Adams

Sibling/s: Shavosia Mcdowell & Jamellia Harris

Favorite Penn Station Restaurant: Dirksen

Favorite Penn Station Sandwich: Philly Cheesesteak

Extracurricular Activities:

Favorite Book:

Role Model:

Sports Role Model:

Greatest Achievement So Far: Receiving a Division 1 Football scholarship

Plans After High School: Make it to the NFL. If not, then becoming a personal trainer

How has participating in high school athletics benefited you?

It has helped me with time management, creativity in finding ways to improve. Strong focus and concentration development, and skills for handling pressure.

What made you decide to play the sport for which you were named the Penn Station Athlete of the Month?

There's nothing quite like game day. The warm up music blaring from the stadium, the freshly painted field, the swarms of teammates and the anticipation of the battle that will soon commence. Also, football provides a way to bond with family and friends. This is the reason I love football.

Quote from Athletic Director:

Brian Adams was a 3-year starter, All-State performer as a senior and averaged 14.9 yards per carry for the 2017 football season. Brian has earned a full scholarship to Illinois State University to play college football. He was also a captain this year and helped lead his team to a State Championship for the 2016 season. Brian also competes in basketball and track where he



excelled in both sports. I highly recommend Brian Adams as the Penn Station Athlete of the Year

-Ken Leonard, Athletic Director

Quote from Principal:

Brian is an amazing athlete and represents SHG with the utmost dignity. He works hard on and off of the field and takes the time to make valuable connections with his classmates. His athletic ability and commitment to success make him a force to be reckoned with. Brian's future looks bright and SHG is eager to see how much he will achieve!

-Kara Rapaz, Principal