



Penn Station Athlete of the Month
Winter Seasonal Winner 2019 – South Bend
School: Mishawaka High School

Student: Aryana Shelton

GPA: 3.67

School: Mishawaka High School

Athletic Director: Sherry Keyser – Assistant Athletic Director

Sport: Basketball

Parents: Denise and Brian Shelton

Sibling/s: Kryslyn Shelton

Favorite Penn Station Restaurant: Main Street, Mishawaka

Favorite Penn Station Sandwich: Grilled Club

Extracurricular Activities: N/A

Favorite Book: The Five People You Meet in Heaven

Role Model: My Parents

Sports Role Model: Steph Curry

Greatest Achievement So Far: Receiving an academic and athletic scholarship at Holy Cross College.

Plans After High School: Play Basketball at Holy Cross and Become a Physical Therapist

How has participating in high school athletics benefited you?

High School Athletics has benefited me because it has taught me basketball lessons and life lessons.



What made you decide to play the sport for which you were named the Penn Station Athlete of the Month?

I went to a friend's basketball in the 5th grade and I thought it looked super fun and I wanted to try it.

Quote from Athletic Director: Ary Shelton is a leader both on and off the court. She has led the basketball team this year as team captain. I have also has the privilege of working with her in Champions Together in which she is helping coach the Champions Together VS Staff Basketball Game. Sherry Keyser – Assistant Athletic Director