



## Penn Station Athlete of the Month

**Student:** Luke Sanchez

**GPA:** 4.5

**School:** Cary High School

**Athletic Director:** Mike Dunphy

**Parents:** Rebecca and Steve Sanchez

**Sibling/s:** Lauren Sanchez

**Favorite Penn Station Restaurant:** Cary Towne Blvd.

**Favorite Penn Station Sandwich:** Cold Club

**Extracurricular Activities:** Baseball, Basketball and hockey

**Favorite Book:** Friday Night Lights

**Role Model:** Donald Glover

**Sports Role Model:** Drew Brees

**Greatest Achievement So Far:** Founded green gives back- service organization for student athletes.

**Plans After High School:** Minor in industrial engineering and possibly play college football

### **How has participating in high school athletics benefited you?**

The effort I've put into football, the coaching and guidance I've received, and the lessons I've learned have had a profound impact on my character, leadership, service, and academics. I've learned the importance of hard work as I went from a broken ankle freshman year, to All- Conference my junior year. I've learned the importance of giving back to the community that supports our team every Friday night, win or lose. I've learned to balance a rigorous academic workload with the responsibilities of playing a team sport. And I've made strong bonds with teammates and coaches, who will be my friends and mentors for life.

### **What made you decide to play the sport for which you were named the Penn Station Athlete of the Month?.**

My passion for football started while watching Saints games with my parents on Sundays. This



soon translated to throwing the Nerf football around with my friends at lunch in elementary school, pretending to be the star quarterback tossing the game winning pass, or making that one-handed catch in the end zone. Those experiences inspired me to join a team when I was in elementary school, and I've been in love with the sport ever since.

**Quote from Athletic Director:**

Luke is the definition of a student athlete who has excelled in the classroom and on the field.

**Quote from Principal:**

We are extremely proud of what Luke has accomplished both as an athlete and student.