



Penn Station Athlete of the Month –

Student: Alexis Wheeler

GPA: 3.7

School: Donelson Christian Academy

Athletic Director: Dennis Goodwin

Parents: Tara Snow & James Wheeler

Sibling/s: Jamie Wilkerson & Devon Wheeler

Favorite Penn Station Restaurant: Mount Juliet

Favorite Penn Station Sandwich: Tuna Salad Sub

Extracurricular Activities: National Honors Society, Student Council, Student Ambassador, Interact Club, Mu Alpha Theta, Legacy Show Choir, YELL (Youth Excelling and Learning Leadership), and Girls State

Favorite Book:

Role Model:

Sports Role Model:

Greatest Achievement So Far: My greatest achievement is being a good teammate and the bonds I have made with the people involved in my sports throughout the years.

Plans After High School: To attend Bethel University in the fall of 2018 with a major in Athletic Training.

How has participating in high school athletics benefited you?

Sports have taught me lessons that I can take away and use in everyday life, Sports have taught me how to accept challenges and overcome them. The challenge of learning a new position, a new technique, and mindset to help me throughout my life no matter where I may go. Sports have taught me how to be a good winner, but more importantly a good loser. This is where my mindset of overcoming a loss begins, but as I like to say in Softball "the most important pitch or at bat is the next one". It allows me the opportunity to get away from everyday stress. Sports is the time I get to go and do something I love for hours and just be me. No one can tell me "think again" or "nope, you're wrong"; I get to be free and work in my own way and learn something I enjoy.

What made you decide to play the sport for which you were named the Penn Station Athlete of the Month?



Quote from Athletic Director:

Alexis is a fierce competitor in everything she does. She has a great attitude and works very hard at the activities she is involved in.

-Dennis Goodwin, Athletic Director

Quote from Principal:

Alexis is a tremendous student-athlete, excelling in the classroom and on the field.

-Bret Schierling, Principal