



Penn Station Athlete of the Month –

Student: Rita El Jbeily

GPA: 4.165/4.0

School: Waverly High

Athletic Director: Scott Casteale

Parents: Nadobia El Jbeily & Abolo El Jbeily

Sibling/s: Elio El Jbeily & Joy El Jbeily

Favorite Penn Station Restaurant: 5417 West Saginaw

Favorite Penn Station Sandwich: Club

Extracurricular Activities: Asian Pacific Awareness Club, College Ambassadors, Latinos Unidos, National Honor Society, Spanish Honor Society, Waverly Piranhas Swim Club

Favorite Book: The False Prince – Jennifer A. Nielsen

Role Model: My Mother

Sports Role Model: Maya DiRado

Greatest Achievement So Far:

Winning CAAC – Red Meet with my team

Plans After High School:

Go to a 4-year university, major in Biomedical Engineering

How has participating in high school athletics benefited you?

High school athletics has majorly benefited me in more ways than one. Participating in swimming has connected me with incredible friends and opened many doors for me. Had I not participated in swimming, I would not have met the amazing teammates nor would I be the person I am today. By swimming in high school, I learned valuable life lessons about time management and the meaning of leadership.

What made you decide to play the sport for which you were named the Penn Station Athlete of the Month?

I decided to swim because I love the sport and my team. My teammates are my favorite reason to swim. They always inspire me to push myself harder and become a better swimmer. I can always rely on my teammates to be cheering for me at the end of my lane.



Quote from Athletic Director:

Waverly is so proud of the accomplishments that Rita has achieved as an athlete, a student, but most of all, as a person.

-Scott Castelee, Athletic Director

Quote from Principal:

Rita is recognized by both students and staff as a student-leader whose example all should follow. Rita is one of Waverly's treasures.

-Christopher Huff, Principal