



Penn Station Athlete of the Month – November 2023

**Presentation Date:** Wednesday, October 25, 2023 @ 2PM

**Student(s):** Samantha (Sam) Erbach

**GPA:** 4.6

**School:**

Waynesville High School  
735 Dayton Rd.  
Waynesville, OH 45068

**Athletic Director:** Jamie Manley

**Parents:** Kristen Erbach, Jeremy Herzberg

**Sibling(s):** Hope, Kendal & Bo Erbach

**Favorite Penn Station Restaurant:** Wilmington Pike

**Favorite Penn Station Sandwich:** Philly Cheesesteak

**Sport(s):** Soccer, Cross Country, Track

**Extracurricular Activities:** Marine Biology Club, NHS, SHIELD (Students Against Destructive Decisions), PEERS (student mentor in elementary classroom), Biking, Frisbee Golf, Painting, Board Games

**Favorite Book:** *Unbroken: A World War II Story of Survival, Resilience and Redemption* by Laura Hillenbrand

**Role Model:** My Mom & Dad

**Sports Hero:** Tim Tebow

**Greatest Achievement So Far:** Winning State championships in three sports – Soccer, Cross Country, Track

**Plans After High School:** I plan to attend Xavier University to continue my academic and soccer career. I plan to go into the medical field.

**How has participating in high school athletics benefited you?** It has taught me how to deal with high levels of stress, to manage my time, how to act under pressure, and how to be a good team member.

**What made you decide to play the sport for which you were named the Penn Station Athlete of the Month?** I love the competitiveness and the team aspect of the sport. I also love the physical and mental challenges of working to be better.



**Quote from Coaches:** “Sam is an amazing young woman who consistently outworks her talent. She never settles for where she’s at and strives for excellence, both academically and athletically. It is her unending work ethic and drive to get better that make her a truly inspiring individual.” – Kelley Bricker, Soccer coach

“Sam has always been a great runner, but this year there is a newfound confidence about her. That, combined with her strong work ethic, makes her a force to be reckoned with both academically and athletically.” – Jimmy Barton, Cross Country Coach

**Quote from Athletic Director:** “Sam is an exceptional student and true athlete. Her determination and drive set her apart from others, both in the classroom and in athletics. Her focus to succeed is unrivaled.” – Jamie Manley