



Penn Station Athlete of the Month – November 2018

Presentation Date: Tuesday, October 30th at 11:45am

Student(s): Alyssa Overbeck

GPA: 4.393

School:

Mercy-McAuley High School
6000 Oakwood Avenue
Cincinnati, OH 45224

Athletic Director: Denise Harvey

Parents: Fred and Brenda Overbeck

Sibling(s): Emily, Megan

Favorite Penn Station Restaurant: Harrison Avenue - Dent, OH

Favorite Penn Station Sandwich: Philly Cheesesteak

Sport(s): Varsity Volleyball

Extracurricular Activities: Volleyball, National Honor Society, Spirit Committee, Women-In-Medicine, Student Recruiting Committee

Favorite Book: Extremely Loud and Incredibly Close

Role Models: My cousin, Stephanie (Vonherr) Elwell, former XU volleyball player

Sports Hero: Kerri Walsh Jennings

Greatest Achievement So Far: Two years ago, my Tri- State Elite Volleyball Club team placed 5th in Open at AAU Nationals in Orlando, Florida.

Plans After High School: After high school, I will be attending Xavier University to further my academic and volleyball careers.

How has participating in high school athletics benefited you? Through high school athletics, I have been exposed to many tough situations that have taught me life lessons and how to step up in challenging times. I have also been able to work with some of the best coaches and trainers in the area. Ultimately, I have made the best memories, and met so many of my best friends and mentors. Also, being a captain has helped me develop leadership skills on and off the court.

What made you decide to play the sport for which you were named the Penn Station Athlete of the Month? I decided to play volleyball because I have always been very passionate about the sport, and I grew up watching my cousin play. I knew that I wanted to be just like her



one day. I had gone to volleyball clinics since grade school, and I immediately fell in love with the game and the atmosphere that comes with it.

Quote from Athletic Director: "Alyssa's volleyball talent is very impressive. She sees the court very well and has the ability to make big plays and motivate her team. She is a team player and a captain, who leads by example and with heart and hustle." -Denise Harvey, Athletic Director