



Penn Station Athlete of the Month – November 2017

Presentation Date: Monday, October 30th at 5pm

Student(s): AJ Mayer

GPA: 3.6

School:

Covington Catholic High School
1600 Dixie Highway
Park Hills, KY 41011

Athletic Director: Tony Bacigalupo

Parents: Andy and Amy Mayer

Sibling(s): Erin, Molly, Michael, Anna

Favorite Penn Station Restaurant: Crescent Springs or Fort Wright

Favorite Penn Station Sandwich: Philly Cheesesteak

Sport(s): Basketball, Football

Extracurricular Activities: National Honor Society, Drug Free Club, Spirit Club, and an Ambassador

Favorite Book: Lone Survivor

Role Models: My Dad

Sports Hero: Tom Brady

Greatest Achievement So Far: Starting varsity for three years in basketball and football

Plans After High School: Studying business and playing football at Miami University (Ohio).

How has participating in high school athletics benefited you? It has brought me closer to classmates and has taught me how to work hard towards the goals I have set for myself.

What made you decide to play the sport for which you were named the Penn Station Athlete of the Month? I've always loved playing football and it teaches you life lessons, such as: accountability, discipline, and hard work.

Quote from Athletic Director: "A.J. Mayer is the embodiment of the CovCath mission. He has excelled spiritually, academically, physically and socially. He is an amazing competitor and respected by everyone in the community." – Tony Bacigalupo, Athletic Director



Quote from Principal: "AJ Mayer is an excellent student and a tremendous athlete whose character speaks for itself. I am confident that AJ will be an extremely successful person and has a bright future because of the values and qualities that he possesses." –Robert J. Rowe