



Penn Station Athlete of the Month – March 2018

Presentation Date: Monday, February 26th, 2018 at 9:30am

Student: Henry Schertzinger

Sports: Lacrosse, Soccer

Twitter Handle: @henryscherzing

GPA: 3.26

School:

The Summit Country Day School
2161 Grandin Road
Cincinnati, OH 45208

Parents: Kathleen and Howard Schertzinger

Sibling(s): Meredith and Harrison

Favorite Penn Station Restaurant: Hyde Park and Loveland

Favorite Penn Station Sandwich: Dagwood

Extracurricular Activities: Student Senate, Diversity and Inclusion Club, Philanthropy Club, and Student Ambassador Club

Favorite Book: Principles by: Ray Dalio

Role Model: Henry Detjen Stroh

Sports Hero: John Wooden

Greatest Achievement So Far: Three soccer state championships

Plans After High School: My brother and I are going to attend the University of North Carolina at Chapel Hill. We have dreamed of playing for the Heels since Middle School and could not be more excited to put on the Carolina Blue next year. Harrison and I have started a company together and look forward to studying business and entrepreneurial studies at North Carolina.

How has participating in high school athletics benefited you? For myself, I have always found an indescribable passion for playing a sport that I love with a name across my chest, "Summit," that means the world to me. My brother and I arrive to school every morning at 6am to lift and often don't leave until 6-6:30pm. The Summit has truly been our home for these last thirteen years and playing High School sports for the last four years has been a great reward. What is special about the Summit and playing for the Knights is playing for a community. One of my favorite off field sports memories was as a senior captain bringing the State Championship trophy back. In the crowd welcoming us back, was not just our classmates but the lower and



middle school teachers who helped my brother and me along the way. The proud smiles on their faces made all the 4:30am wakeups worth it.

High school sports have also allowed me to be a mentor to so many, not just on the field but off the field as well. Being a leader in the community, I have been able to bring a lot of school spirit to the athletic events, because I know how much it means to be supported while you are on the playing field. Being a mentor is one of the greatest jobs I have been given, and I take it very seriously. A quote that I love is "you do not shine under the bright lights; the bright lights only reveal your hard work in the dark." High school sports have been that blank canvas. The canvas that, game after game, I am able to paint a masterpiece. Not for myself, or alone, but with my teammates and for my school. High School sports have instilled a fear into me and that fear is letting down all the people who have had an impact in my life. Game after game, my brother and I, as leaders, are expected to step up in big moments, which was a position we used to be uncomfortable and nervous in. Not anymore; whether in the classroom, life or on the field, no moment is ever too big. This has allowed me to thrive on and off the field. Being the most disciplined and prepared for anything.

What made you decide to play the sport for which you were named the Penn Station Athlete of the Month? Harrison and I started in kindergarten, and I can still remember our first practice. It was 28 degrees, wet and I was wearing pads that were foreign and uncomfortable. I could barely pick up the ball and wasn't even close to mastering the basic skill of cradling. Our love for the game came in 8th grade, when we began to realize the sport of lacrosse would embrace all the hand eye and footwork we had developed through basketball and soccer.

Quote from Coach: "Henry and Harrison possess exceptional skills and athletic ability. What separated them from the other athletes is their dedication to improving on their skills and athleticism and to be the best. Even as three-sport athletes, year-round, before and after school, they would be in the weight room or honing their skills on the field. They are exceptional leaders on and off the field and great teammates." -Head Boys Lacrosse Coach, Pat Collura

Quote from Principal: "Henry and Harrison are both exceptional young men. They have served our Upper School through their leadership on and off the field. They both are on our Student Senate and our Pep Club. Their genuine humility and ability to lead has helped make this a memorable year for all our students. They truly embody the mission of our school." -Upper School Director, John Thornburg (OBSERVATION – principal quote states both boys participated in Pep Club; however, Henry does not list it as one of his extracurricular activities. Did he overlook it?)