



Penn Station Athlete of the Month – February 2018

Presentation Date: Tuesday, January 30th at 12:45pm

Student: Lucy Callard

Sports: Tennis, Swimming and Softball

Twitter Handle: @callard_lucy

GPA: 4.26

School:

Seven Hills High School
5400 Red Bank Road
Cincinnati, OH 45227

Parents: Henry and Karen Callard

Sibling(s): Dottie

Favorite Penn Station Restaurant: Hyde Park

Favorite Penn Station Sandwich: Philly Cheesesteak

Extracurricular Activities: Student body vice president, Pre-school big reader, Seven Hills athletic leadership team

Favorite Book: Forward by Abby Wambach

Role Model: Katie Ledecky

Sports Hero: My swim coach

Greatest Achievement So Far: Two-time state champion in 500 free

Plans After High School: I am going to study and swim at Duke University.

How has participating in high school athletics benefited you? High school sports have given me a family and life-long friends. I have learned time management, accountability and sportsmanship.

What made you decide to play the sport for which you were named the Penn Station Athlete of the Month? Swimming is the perfect combination of an individual and team sport. You can push yourself but also have the support of your team.

Quote from Athletic Director: "Lucy is not only a wonderful swimmer and athlete but also she is an even better student and person. She makes those around her better people." -Brian Phelps, Athletic Director



Quote from Principal: "Lucy is someone that likes to challenge herself and understands that it can be difficult at times but doesn't let that stop her." Matt Bolton