

## Penn Station Athlete of the Month -

Student: Joseph "Isaac" Mace

**GPA**: 4.17

School: Teays Valley Christian School

Athletic Director: Jody Sowards

Parents: Yvonne and Jay Mace

Sibling/s: Timothy "Luke" Mace

Favorite Penn Station Restaurant: Teays Valley

Favorite Penn Station Sandwich: Chicken Parmesan

**Extracurricular Activities**: President of National Honors Society, H.O.P.E., Honors program, volunteer tutor, school band

Favorite Book: The Eragon Series

Role Model: Nate Petrosky

Sports Role Model: My Teammates

Greatest Achievement So Far: Being in the top 3 of my graduating class

**Plans After High School:** Attend Marshall University or University of Charleston Pre-Veterinarian then Veterinarian School

**How has participating in high school athletics benefited you?** Beyond deepening my friendships and developing new friends, it allowed me to change my life. From a chunky kid who was non-athletic to becoming someone who now puts fitness and my health first, I believe I overcame a lot of my personal and social anxieties.

What made you decide to play the sport for which you were named the Penn Station Athlete of the Month? I valued my friendships and wanted to be engaged with them in team sports. It has allowed us to grow together as friends and as a team.

**Quote from Athletic Director:** Isaac Mace represents a true "Christian Student Athlete" from Teays Valley Christian School. He performed at his highest level during his soccer and track seasons here at Teays Valley in the past and no doubt will again this upcoming track season. He is a positive role model amongst his peers and lower classmen and was recognized for those attributes by being named a "captain" on the soccer team. He also balances his athletics with his



academics in a very mature fashion. While not only excelling in the athletic arena, Isaac also excels in the classroom. He is in the top portion of his class while being involved in our HOPE (Honors Occupational Placement Experience) Program, National Honor Society, Dual-Credit program, and our Honors' Program by taking several classes at a more vigorous level. Isaac does all of these things while staying humble and balanced thus representing himself, his family, and school very well.

Thanks for your time and if you have any further questions, please contact me

Quote from Principal: AD AND PRINCIPLE ARE SAME PERSON